



# WELLNESS REDEFINED

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AYURVEDIC HOME SPA BY BEUTICS





# WHAT IS AN AYURVEDIC SPA?

A holistic wellness therapy from ancient India

Uses herbal oils & massage to restore mind-body balance

Promotes detox, relaxation, and healing

Now available as a spa service at home with Beutics



# BENEFITS OF AYURVEDIC SPA AT HOME

## **BALANCES DOSHAS –**

Harmonizes body energies (Vata, Pitta, Kapha)

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## **DETOXIFIES THE BODY –**

Eliminates toxins through massage and oils

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## **IMPROVES SLEEP & REDUCES ANXIETY –**

Calms the nervous system

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## **BOOSTS IMMUNITY & CIRCULATION –**

Stimulates lymph flow and blood circulation







**Abhyanga  
Massage**



**Abhyangam  
Kizhi Massage**



**Ayurvedic Head  
Massage**



# ABHYANGA MASSAGE

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- Ancient Ayurvedic massage using lukewarm herbal oil
- Ideal for reducing inflammation and improving sleep
- Enhances blood circulation
- Detoxifies and rejuvenates the body
- A key part of the best ayurvedic massage in Dubai experience

**AED 230**







# ABHYANGAM KIZHI MASSAGE

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- Rhythmic holistic massage with heated oil & herbal poultices (kizhi)
- Relaxes sore muscles and reduces stiffness
- Improves skin texture and tone
- Promotes deep healing through heat penetration

**AED 300**





# AYURVEDIC HEAD MASSAGE

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- Traditional head massage to relax the mind and body
- Soothes mental stress and tension
- Promotes clarity and mental focus
- Supports deep, restful sleep

**AED 100**





## WHY CHOOSE BEUTICS?



Licensed and experienced  
Ayurvedic therapists



Authentic treatments delivered through  
the best home massage service



Trusted by customers with  
exceptional ratings



Flexible appointments available  
from 11 AM to 3 AM







# CONTACT US

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THANK YOU

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