

BENEFITS OF AYURVEDIC SPA AT HOME

BALANCES DOSHAS -

Harmonizes body energies (Vata, Pitta, Kapha)

DETOXIFIES THE BODY -

Eliminates toxins through massage and oils

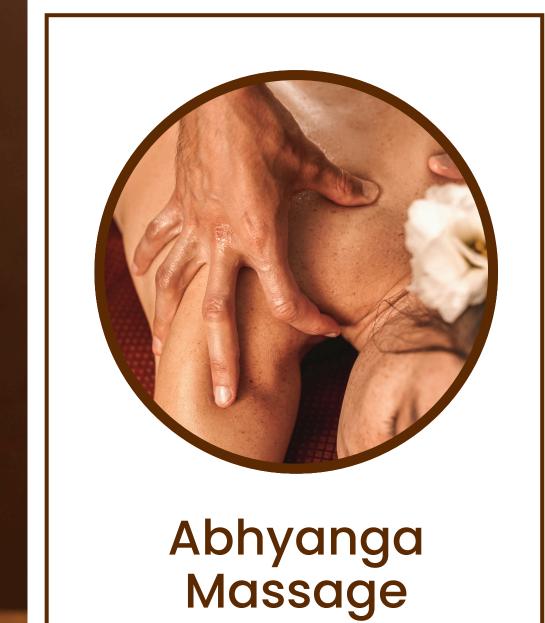
IMPROVES SLEEP & REDUCES ANXIETY -

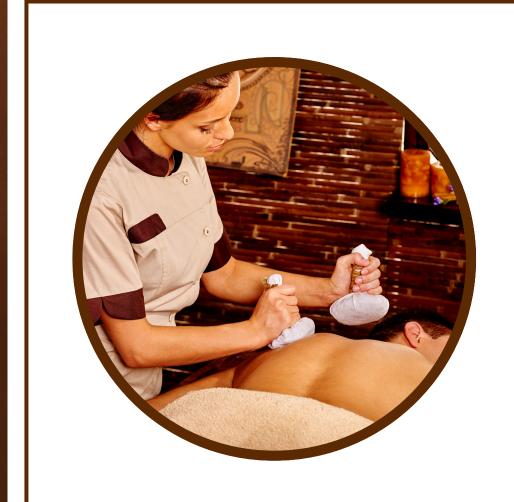
Calms the nervous system

BOOSTS IMMUNITY & CIRCULATION -

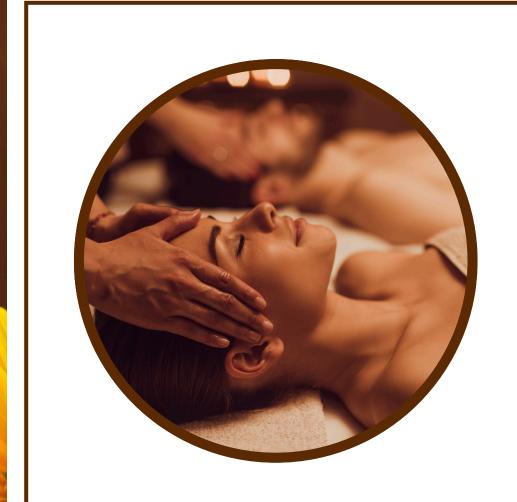
Stimulates lymph flow and blood circulation



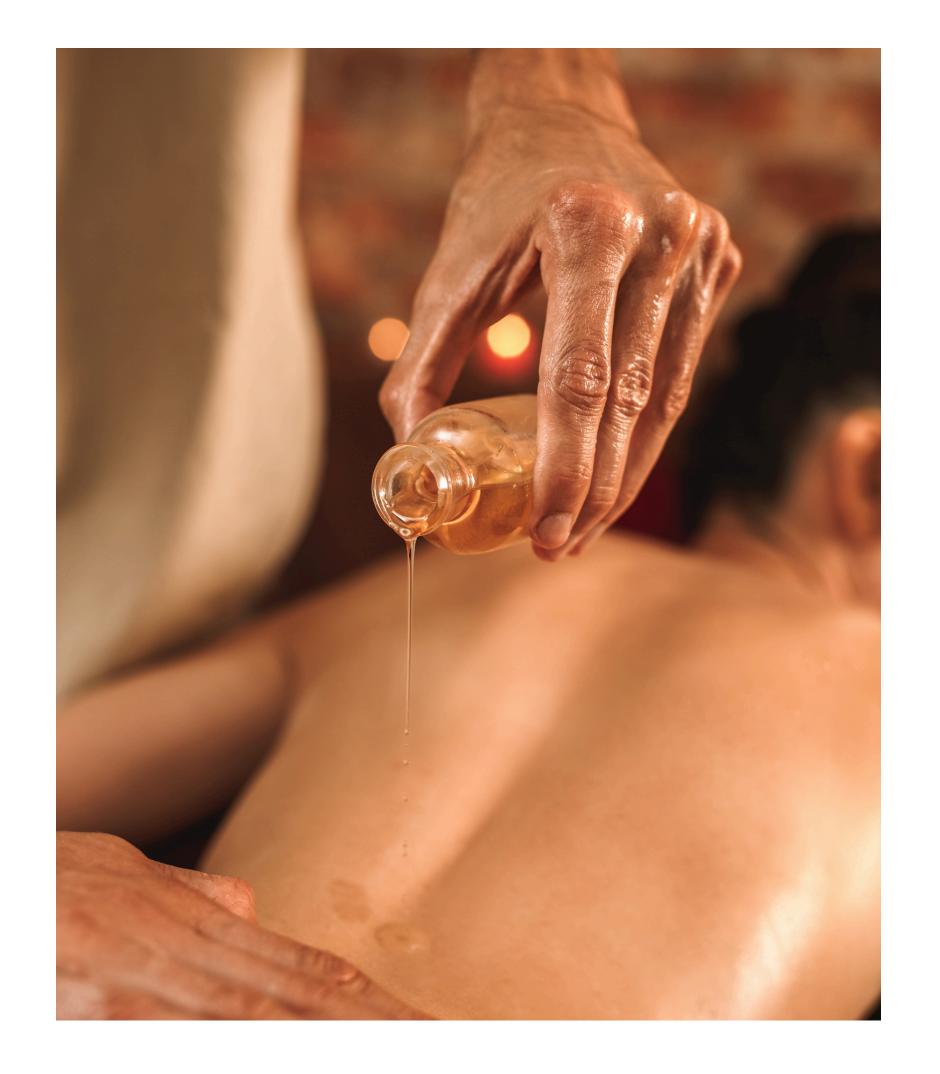




Abhyangam Kizhi Massage



Ayurvedic Head Massage

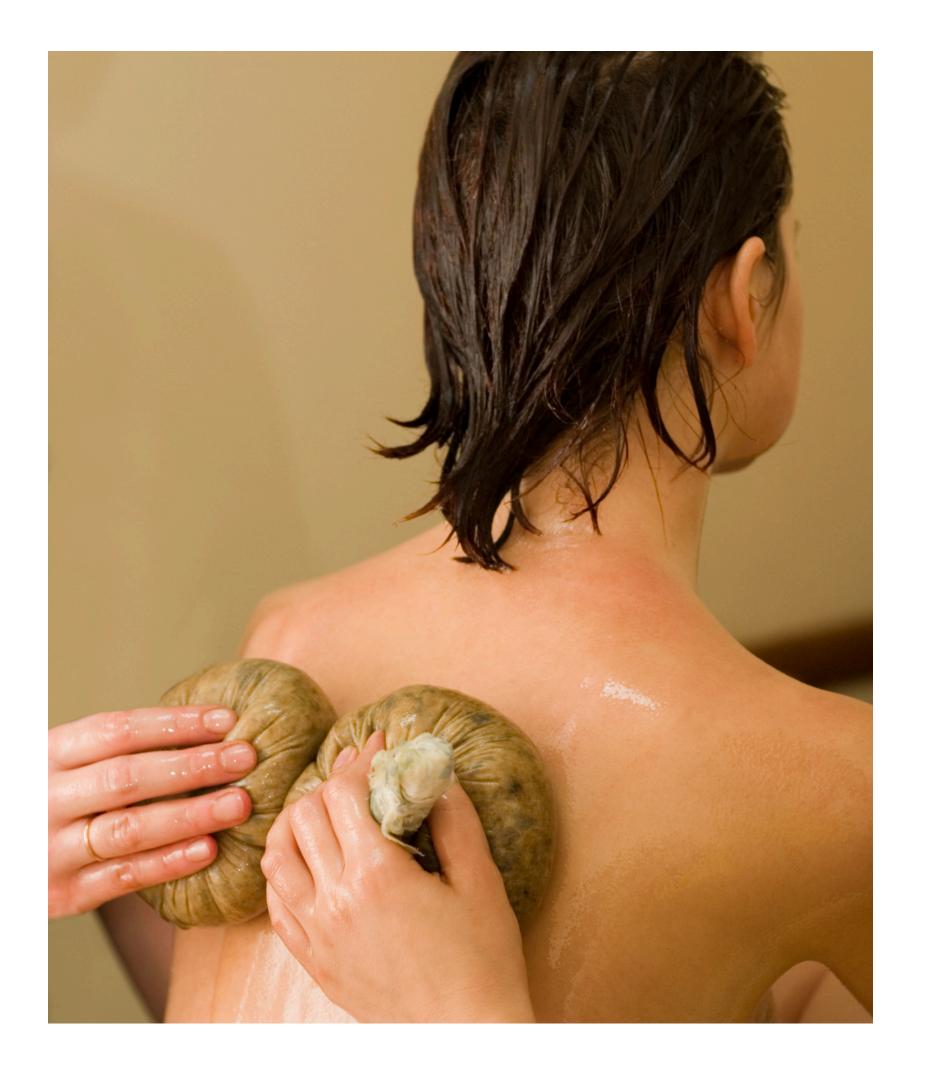




ABHYANGA MASSAGE

- Ancient Ayurvedic massage using lukewarm herbal oil
- Ideal for reducing inflammation and improving sleep
- Enhances blood circulation
- Detoxifies and rejuvenates the body
- A key part of the <u>best ayurvedic</u> <u>massage in Dubai</u> experience

AED 230

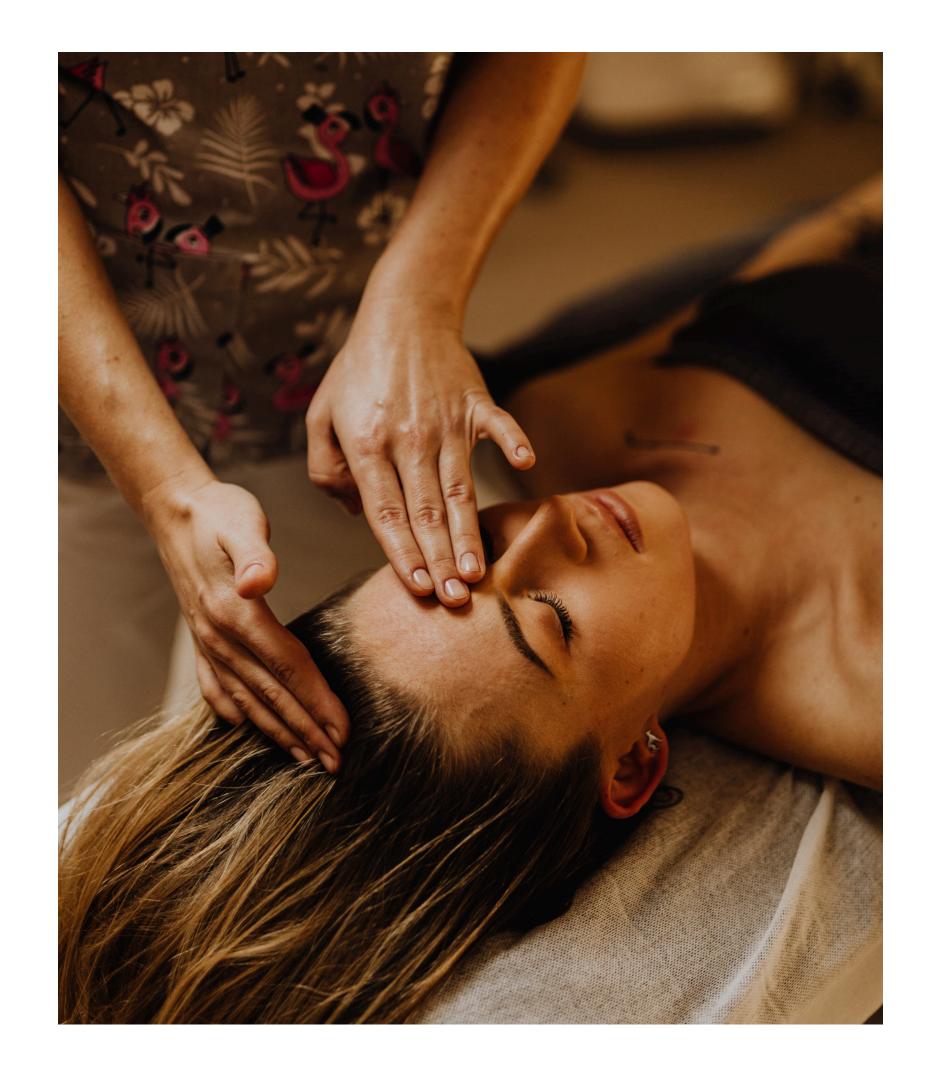




ABHYANGAM KIZHI MASSAGE

- Rhythmic holistic massage with heated oil & herbal poultices (kizhi)
- Relaxes sore muscles and reduces stiffness
- Improves skin texture and tone
- Promotes deep healing through heat penetration



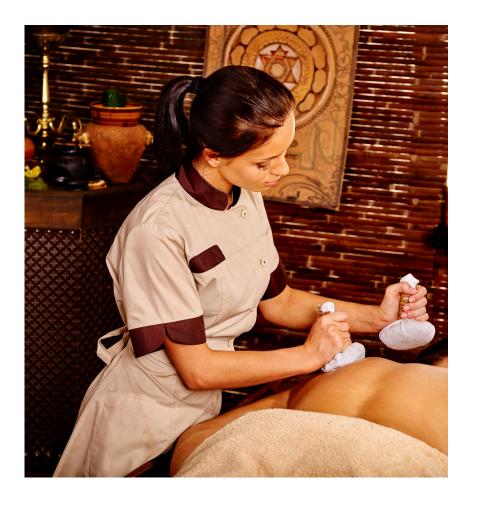




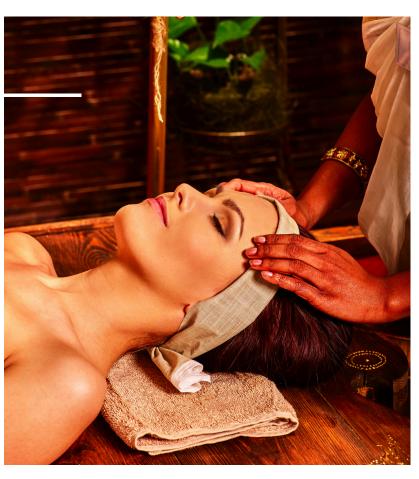
AYURVEDIC HEAD MASSAGE

- Traditional head massage to relax the mind and body
- Soothes mental stress and tension
- Promotes clarity and mental focus
- Supports deep, restful sleep

AED 100









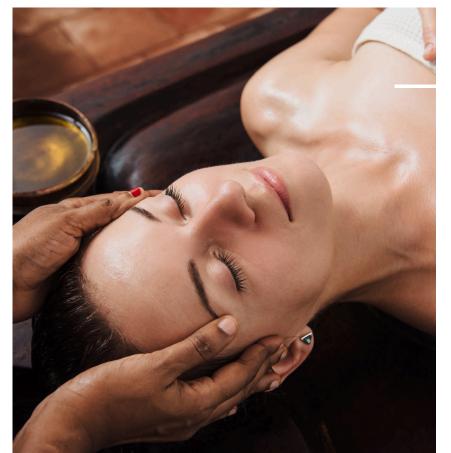
WHY CHOOSE BEUTICS?



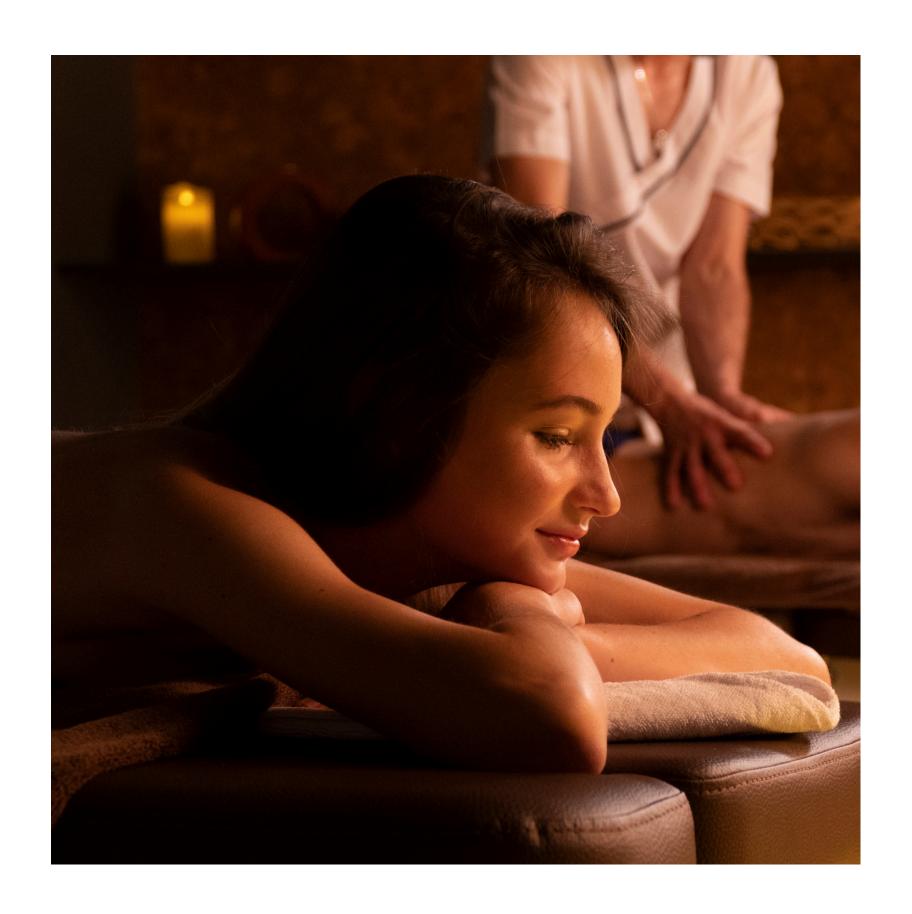
Authentic treatments delivered through the <u>best home massage service</u>

Trusted by customers with exceptional ratings

Flexible appointments available from 11 AM to 3 AM







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THANK YOU